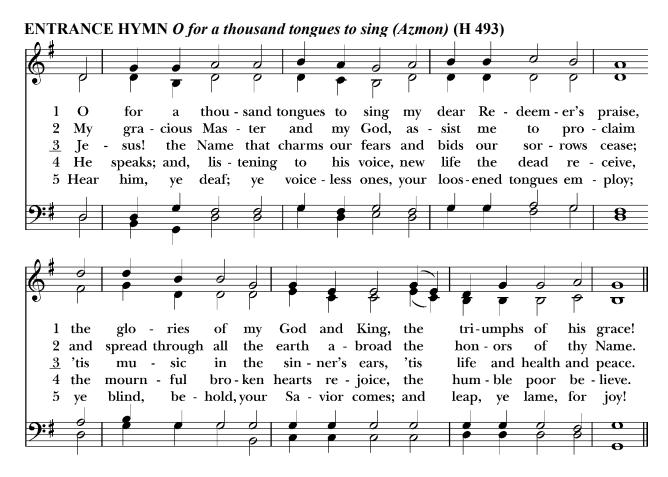
St. Thomas of Canterbury Episcopal Church

Sunday, January 28, 2024 Fourth Sunday after the Epiphany 10:15 a.m. – Rite Two



Welcome!

The mission of St. Thomas of Canterbury Episcopal Church is to feed all God's people. We invite you to join us.



6 Glory to God and praise and love be now and ever given by saints below and saints above, the Church in earth and heaven.

THE LITURGY OF THE WORD

OPENING ACCLAMATION

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

SALUTATION FOR BAPTISM

Celebrant There is one Body and one Spirit;

People There is one hope in God's call to us;

Celebrant One Lord, one Faith, one Baptism;

People One God and Father of all.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

The Lessons

FIRST READING: Deuteronomy 18:15-20

A Reading from the book of Deuteronomy.

Moses summoned all Israel and said to them, ¹⁵"The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. ¹⁶This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.' ¹⁷Then the LORD replied to me: 'They are right in what they have said. ¹⁸I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. ¹⁹Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. ²⁰But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.'"

Reader The Word of the Lord.
People Thanks be to God.

PSALM: Psalm 111

¹Hallelujah!

I will give thanks to the LORD with my whole heart, *

in the assembly of the upright, in the congregation.

²Great are the deeds of the LORD! *

they are studied by all who delight in them.

³His work is full of majesty and splendor, *

and his righteousness endures forever.

⁴He makes his marvelous works to be remembered: *

the LORD is gracious and full of compassion.

⁵He gives food to those who fear him; *

he is ever mindful of his covenant.

⁶He has shown his people the power of his works *

in giving them the lands of the nations.

⁷The works of his hands are faithfulness and justice; *

all his commandments are sure.

⁸They stand fast for ever and ever, *

because they are done in truth and equity.

⁹He sent redemption to his people;

he commanded his covenant forever; *

holy and awesome is his Name.

¹⁰The fear of the LORD is the beginning of wisdom; *

those who act accordingly have a good understanding; his praise endures forever.

SECOND READING: 1 Corinthians 8:1-13

A Reading from Paul's First letter to the Church in Corinth.

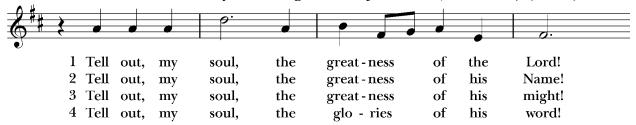
¹Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. ²Anyone who claims to know something does not yet have the necessary knowledge; ³but anyone who loves God is known by him.

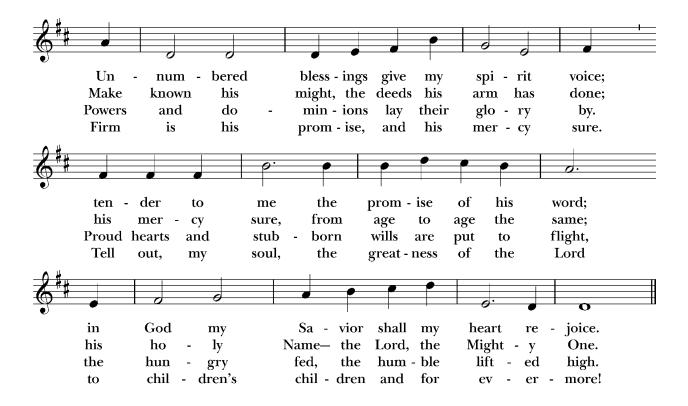
⁴Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." ⁵Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—⁶yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

Tt is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ⁸"Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. ⁹But take care that this liberty of yours does not somehow become a stumbling block to the weak. ¹⁰For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? ¹¹So by your knowledge those weak believers for whom Christ died are destroyed. ¹²But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. ¹³Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader The Word of the Lord.
People Thanks be to God.

SEQUENCE HYMN Tell out, my soul, the greatness of the Lord (Woodlands) (H 438)





GOSPEL: Mark 1:21-28

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

²¹Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. ²²They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. ²³Just then there was in their synagogue a man with an unclean spirit, ²⁴and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." ²⁵But Jesus rebuked him, saying, "Be silent, and come out of him!" ²⁶And the unclean spirit, convulsing him and crying with a loud voice, came out of him. ²⁷They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." ²⁸At once his fame began to spread throughout the surrounding region of Galilee.

Priest The Gospel of the Lord.

People Praise to you, Lord Christ.

THE SERMON

The Rt. Reverend Susan Brown Snook Bishop of the Diocese of San Diego

HOLY BAPTISM AND CONFIRMATION

Rev. Carole: I present Amy Ann Westen to receive the Sacrament of Baptism.

Celebrant: Amy, do you desire to be baptized?

Amy: I do.

Celebrant: The Candidates for Holy Baptism will now be presented:

Catherine's Parents and I present Catherine Colleen Pelayo-Marizcal to

Godparents: receive the Sacrament of Baptism.

Celebrant: Will you be responsible for seeing that the child you present is brought up in the

Christian faith and life?

Catherine's Parents and Godparents: I will, with God's help.

Celebrant: Will you by your prayers and witness help this child to grow into the full stature

of Christ?

Catherine's Parents and Godparents: I will, with God's help.

Question Do you renounce Satan and all the spiritual forces of wickedness that

rebel against God?

Answer I renounce them.

Question Do you renounce the evil powers of this world which corrupt and

destroy the creatures of God?

Answer I renounce them.

Question Do you renounce all sinful desires that draw you from the love of God?

Answer I renounce them.

Question Do you turn to Jesus Christ and accept him as your Savior?

Answer I do.

Question Do you put your whole trust in his grace and love?

Answer I do.

Question Do you promise to follow and obey him as your Lord?

Answer I do.

Celebrant: The other Candidates will now be presented.

Rev. I present Dionne, Amy, Kalyn, Steffen and Gloria for Confirmation. I

Carole: present Linda to be received into this Communion.

Celebrant: Do you reaffirm your renunciation of evil?

Candidates I do.

Bishop Do you renew your commitment to Jesus Christ?

Candidates I do, and with God's grace I will follow him as my Savior and Lord.

Celebrant: Will you who witness these vows do all in your power to support *these*

persons in their life in Christ?

People We will.

Celebrant: Let us join with those who are committing themselves to Christ and renew

our own baptismal covenant.

THE BAPTISMAL COVENANT

Celebrant

Do you believe in God the Father?

People

I believe in God, the Father almighty,

creator of heaven and earth.

Celebrant

Do you believe in Jesus Christ, the Son of God?

People

I believe in Jesus Christ, his only Son, our Lord,

He was conceived by the power of the Holy Spirit

and born of the Virgin Mary.

He suffered under Pontius Pilate,

was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Celebrant

Do you believe in God the Holy Spirit?

People

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting.

Celebrant

Will you continue in the apostles' teaching and fellowship, in the breaking of the bread, and in the prayers?

People

I will, with God's help.

Celebrant

Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People

I will, with God's help.

Celebrant

Will you proclaim by word and example the Good News of God in Christ?

People

I will, with God's help.

Celebrant

Will you seek and serve Christ in all persons, loving your neighbor as yourself? *People*

I will, with God's help.

Celebrant

Will you strive for justice and peace among all people, and respect the dignity of every human being?

People

I will, with God's help.

PRAYERS FOR THE CANDIDATES

Let us now pray for *these persons* who *are* to receive the Sacrament of new birth and for those who *have* renewed *their* commitment to Christ.

Leader Deliver them, O Lord, from the way of sin and death.

People Lord, hear our prayer.

Leader Open their hearts to your grace and truth.

People Lord, hear our prayer.

Leader Fill them with your holy and life-giving Spirit.

People Lord, hear our prayer.

Leader Keep them in the faith and communion of your holy Church.

People Lord, hear our prayer.

Leader Teach them to love others in the power of the Spirit.

People Lord, hear our prayer.

Leader Send them into the world in witness to your love.

People Lord, hear our prayer.

Leader Bring them to the fullness of your peace and glory.

People Lord, hear our prayer.

Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and forever. *Amen*.

THANKSGIVING OVER THE WATER

Celebrant The Lord be with you.People And also with you.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Celebrant

We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.

Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior.

To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever. Amen.

THE BAPTISM

Catherine Colleen, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. *Amen*.

Amy Ann, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Let us pray.

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon *these* your *servants* the forgiveness of sin, and have raised *them* to the new life of grace. Sustain *them*, O Lord, in your Holy Spirit. Give *them* an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. *Amen.*

Catherine Colleen, you are sealed by the Holy Spirit in Baptism and marked as Christ's own forever. *Amen*.

Amy Ann, you are sealed by the Holy Spirit in Baptism and marked as Christ's own forever. *Amen.*

Let us welcome the newly baptized.

We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.

PRAYERS FOR THE CANDIDATES FOR CONFIRMATION AND RECEPTION

Celebrant: Almighty God, we thank you that by the death and resurrection of your son Jesus Christ you have overcome sin and brought us to yourself, and that by the sealing of your Holy Spirit you have bound us to your service. Renew in these your servants the covenant you have made with them at their Baptism. Send them forth in the power of the Spirit to perform the service you set before them; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God now and for ever. **Amen.**

CONFIRMATION

Strengthen your servant, _____, with your Holy Spirit; empower him/her for your service; and sustain him/her all the days of his/her life. *Amen*.

RECEPTION

Linda, we recognize you as a member of the one holy catholic and apostolic Church, and we receive you into the fellowship of the Communion. God, the Father, Son and Holy Spirit, bless, preserve and keep you. *Amen.*

Celebrant: Let us pray.

Almighty and everliving God, let your fatherly hand ever be over these your servants; let your Holy Spirit ever be with them and so lead them in the knowledge and obedience of your Word, that they may serve you in this life and dwell with you in the life to come. *Amen.*

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

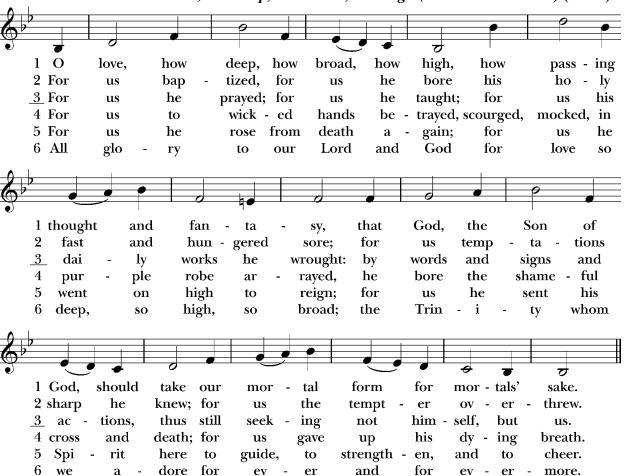
ANNOUNCEMENTS – Calls to Service and Community

SERVANT MINISTRY AWARD PRESENTATION

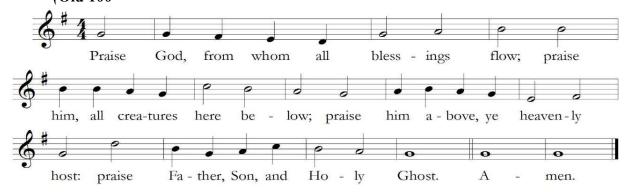
BLESSING OF NEW MINISTRY

Everliving God, strengthen and sustain Carole, that with patience and understanding she may love and care for your people; and grant that together they may follow Jesus Christ, offering to you their gifts and talents; through him who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

OFFERTORY HYMN O love, how deep, how broad, how high (Deus tuorum militum) (H 448)



ON PRESENTATION OF THE OFFERING: Praise God from whom all blessings flow (Old 100th)



THE LITURGY OF THE TABLE

The Great Thanksgiving – Eucharistic Prayer B

CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLift up your hearts.

People We lift them to the Lord.

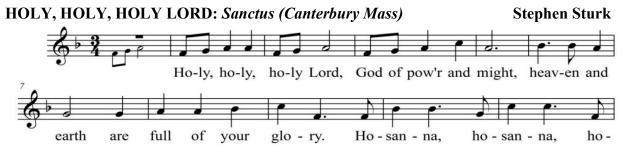
Celebrant Let us give thanks to the Lord our God.

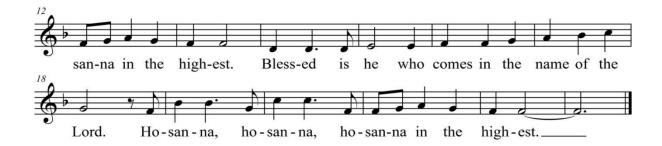
People It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:





We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

We remember his death, We proclaim his resurrection, We await his coming in glory;

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, the mother of Jesus, St. Thomas of Canterbury and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

THE GREAT AMEN (Canterbury Mass)

Stephen Sturk



THE LORD'S PRAYER

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name,

thy kingdom come,

thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

forever and ever. Amen.

Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

(Gluten Free wafers are available upon request.)

COMMUNION HYMN: In His Time (by Diane Ball)

COMMUNION HYMN: This I Pray (by Heather Sorenson)

POST-COMMUNION PRAYER

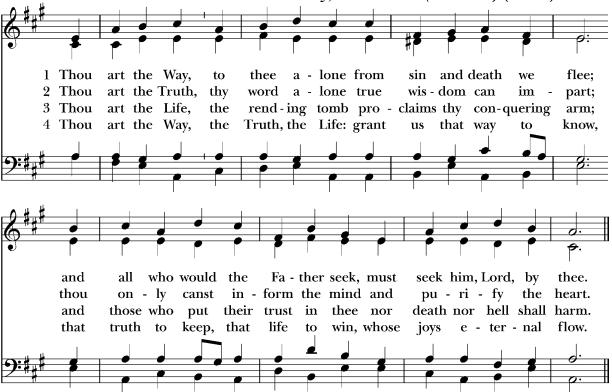
Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be among you, and remain with you always. *Amen*.





DISMISSAL

Let us go forth into the world, rejoicing in the power of the Spirit and doing the loving thing.

People Thanks be to God.

Join us for a special coffee hour and Q&A with the Bishop after the service.

Upcoming Events at St. Thomas of Canterbury

General Announcements:

- Outreach in January Gratitude and Reflection: This month, please stop by the Outreach table in the narthex to see the display Marva Ross has prepared. It is a review of our 2023 outreach ministry activities, how St. Thomas of Canterbury, inspired by God to Do the Loving Thing, has loved its neighbors.
- Personal Prayer with our Stephen Ministers Starting in February, Stephen Ministers will be in the chapel area of the church following each service to pray with you. Stephen Ministers are lay members of the community trained to listen, encourage and spiritually support those who are going through difficult times. Feel free to approach any Stephen Minister (they wear blue nametags) to talk confidentially about your concerns or to share your prayer request.

Mark Your Calendars:

- Saturday, February 3rd: **Monthly Healing Prayer Service and Eucharist** at 5:00 PM Join the prayer circle in the chapel area where we will include readings from the Living Compass series Whole-Person Wellness.
- Sunday, February 4th: **Project TOUCH Welcome Kit** after both the 8:00 and 10:15 services in Julian Hall.
- Tuesday, February 6th: **Monthly dinner for residents of Project TOUCH** emergency shelter. Prepare a dish and/or join parishioners setting up and serving dinner at the shelter in Murrieta. The group will leave St. Thomas at 5:45 PM. See Marva Ross to sign up or for more details.
- Wednesday, February 7th: **Stephen Ministers** meet at 9:00 in the conference room.
- Friday, February 9th: **Navajo Nation Outreach** The children on the reservation need help staying warm. Donations of small space heaters, adult work gloves, child-sized sweatshirts, hats, gloves and scarves would be welcome. Our dedicated Navajo Outreach servants, Deb Mitchell and Melissa Christiansen, are coordinating this effort and can answer your questions. Please bring all contributions to the Outreach table by 9:00 AM on February 9th.
- Sunday, February 11th: **One Service at 9:30 and Annual Meeting** Plan to stay after the service for a presentation on where St. Thomas has been in the last year, where we are now and our prayers for the future. Lunch will be served.
- Tuesday, February 13th: **Shrove Tuesday Pancake Supper** at IHOP at 6:00 PM Celebrate the last day before Lent with a traditional pancake dinner with friends at the IHOP in the Redhawk Center at 32135 Temecula Parkway.

- Wednesday, February 14th: **Ash Wednesday** services at 12:00 noon (in person service) and 7:00 PM (in-person and on Zoom).
- Saturday, February 17th: **Lenten Quiet Day** 9:30 1:00 The Daughters of the King are inviting all women in the Diocese for this contemplative event. St. Peters Episcopal Church, 1 Parish Lane (@15th St.) in Del Mar. Bring a salad or dessert to share. RSVP by February 12th to Janet Shaw jallenshaw@yahoo.com.
- Fridays in Lent beginning February 23rd: **Stations of the Cross** at 6:00 PM followed by **Soup Supper and Lenten Series.** Fr. David will lead us in a study of "Will You?" a reflection on the Baptismal Covenant. Books are \$7 and will be available for purchase prior to the first gathering. There will be a sign-up sheet to contribute a soup, bread or dessert for each gathering.

Weekly Recurring Events:

- **Compline** nightly at 8:00 by Zoom
- Study the Scriptures with Lani each Tuesday at 2:00 PM by Zoom
- **Bible Study with Fr. Bill Garrison** Wednesdays at 11:00. For the Zoom link and study guide, go to www.toursofthebible.blogspot.com. The current study is on Paul's Letter to the Romans.
- Choir Practice each Thursday at 7:00 PM
- Prayers and Squares quilters each Friday at 9:00 AM in Scholastica