

## *Let's Take Ten!*

As part of our life-long learning, we'll spend a few minutes each week before worship highlighting something about the service, or the source of prayers and mediations.



Today, we'll touch on 'Ante-Communion' and Father David and I will share a bit of what we've been learning lately.  
Julie +

Saint Thomas of  
Canterbury

44561 Avenida de Misiones, Temecula 92592  
*...and surrounding communities!*

The Holy Eucharist: Rite One, Ante-Communion  
The Third Sunday of Easter  
April 26, 2020 9 in the morning

### **The Word of God**

*All standing as they are able, the Celebrant says*

*Celebrant* Alleluia. Christ is risen.

*People* **The Lord is risen indeed. Alleluia.**

*The Celebrant prays*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

*The Celebrant continues*

Hear what our Lord Jesus Christ saith:  
Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

*All standing as they are able*

**Glory be to God on high,  
and on earth peace, good will towards men.**

**We praise thee, we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.**

**O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.**

**Thou that takest away the sins of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.**

**For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,**

**with the Holy Ghost,  
art most high in the glory of God the Father. Amen.**

## **The Collect of the Day**

*Celebrant* The Lord be with you.

*People*                   **And with thy spirit.**

*Celebrant* Let us pray.

O God, whose blessed Son did manifest himself to his disciples in the breaking of bread: Open, we pray thee, the eyes of our faith, that we may behold him in all his redeeming work; through the same thy Son Jesus Christ our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, one God, now and for ever.

**Amen.**

## **The First Lesson**

*Lector*                   A Reading from the Acts of the Apostles. (2:14a, 36-41)

Peter, standing with the eleven, raised his voice and addressed the crowd, "Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified."

Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, "Brothers, what should we do?" Peter said to them, "Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him." And he testified with many other arguments and exhorted them, saying, "Save yourselves from this corrupt generation." So those who welcomed his message were baptized, and that day about three thousand persons were added.

The word of the Lord.

*People*                   **Thanks be to God.**

**Psalm 116:1-3, 10-17** *Dilexi, quoniam prayed responsively by half-verse*

I love the Lord, because he has heard the voice of my supplication, \*

**because he has inclined his ear to me whenever I called upon him.**

The cords of death entangled me; the grip of the grave took hold of me; \*

**I came to grief and sorrow.**

Then I called upon the Name of the Lord: \*

**"O Lord, I pray you, save my life."**

How shall I repay the Lord \*

**for all the good things he has done for me?**

I will lift up the cup of salvation \*

**and call upon the Name of the Lord.**

I will fulfill my vows to the Lord \*

**in the presence of all his people.**

Precious in the sight of the Lord \*

**is the death of his servants.**

O Lord, I am your servant; \*

**I am your servant and the child of your handmaid; you have freed me from my bonds.**

I will offer you the sacrifice of thanksgiving \*

**and call upon the Name of the Lord.**

I will fulfill my vows to the Lord \*

**in the presence of all his people,**

In the courts of the Lord's house, \*

**in the midst of you, O Jerusalem.**

## **Hallelujah!**

### **The Second Lesson**

*Lector*                    A Reading from Paul's Letter to the Romans. (8:6-11)

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The word of the Lord.

*People*                    **Thanks be to God.**

### **The Holy Gospel**

*Deacon*    The Holy Gospel of our Lord Jesus Christ according to Luke.                    (24:13-35)

*People*                    **Glory be to thee, O Lord.**

Now on that same day two of Jesus' disciples were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who

was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him." Then he said to them, "Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him; and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

The Gospel of the Lord.

*People*                    **Praise be to thee, O Christ.**

**The Homily**

**The Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the  
dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**The Prayers of the People**

*The Deacon and other persons appointed pray*

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers Michael and Susan, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

*Petitions are invited, and may be offered silently or aloud*

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear especially Henry Montoya and Phil Mihok, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of Thomas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

### **A Prayer for Spiritual Communion**

*Celebrant* Acknowledging our longing to be physically close to one another, to share the blessing of Communion in common, and praying that when we do so, we remember this longing for thee.

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you as you are already there, and unite myself wholly to you. Never permit me to be separated from you. Amen.**

### **The Lord's Prayer**

*The Celebrant invites the people to join in the Lord's Prayer, saying*

And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## **The Peace**

*All stand as they are able; the Celebrant says to the people*

*Celebrant*            The peace of the Lord be always with you.  
*People*                **And with thy spirit.**

*The people greet those nearby and at a distance with signs of  
love*

## **The Blessing**

*The Celebrant pronounces God's blessing*

May Almighty God, who has redeemed us and made us his children through the resurrection of Jesus Christ our Lord, bestow upon you the riches of his blessing.

May God, who through the water of baptism has raised us from sin into newness of life, make you holy and worthy to be united with Christ for ever.

May God, who has brought us out of bondage to sin into true and lasting freedom in the Redeemer, bring you to your eternal inheritance.

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you, and remain with you for ever. **Amen.**

## **The Dismissal**

*Deacon* Let us go in peace to love and serve the Risen Christ!  
Alleluia, Alleluia!

*People* **Thanks be to God! Alleluia, Alleluia!**

**Please stay connected for Coffee Hour!**

**Today, we have a little house-keeping to do:**

please assign a scribe and collect information about any graduates -  
Graduating Student's Name, School, Degree or Diploma being conferred.  
Please forward to [juliedbryant@yahoo.com](mailto:juliedbryant@yahoo.com) so we can celebrate their accomplishments!

**Today's questions to guide your conversation:**

Is there a pilgrimage walk you have made or hope to undertake?  
Perhaps the Camino de Santiago (up to 600 miles, through Portugal/France and Spain);  
the Pacific Crest Trail (2,635 miles, California to British Columbia);  
the Via Dolorosa (0.26 miles through Jerusalem to Calvary);  
Up the drive to the home of a long-lost friend or family member?

What will you this week to bring an extra helping of love to someone?  
How can other folks in your group help you?

Are there prayer concerns you'd like to share?

