

CANTERBURY TALES

∞ MARCH 2018 ∞

A Message of “Lenten Hope” by Our Vicar, Rev. Tim True

As I write this reflection, we find ourselves in the middle of Lent. It is a good season for reflection—as well as introspection, contemplation, and resolution. When I participate in these spiritual disciplines fully, I cannot help but be hopeful.

Yes, you heard me right: Lent brings me hope. For in the midst of this season of increased spiritual disciplines—of, let’s face it, adding small hardships to our already relatively difficult lives—we know what is coming. We know this season of increased disciplines will yield new life, much like we know that winter yields spring.

Nowhere is this hopeful contrast of suffering and new life more apparent than during Holy Week, which begins with Palm Sunday and ends with that greatest of all liturgies, the *triduum*, or “three-day drama.”

The Maundy Thursday service brings us into the last supper where Jesus breaks bread with his disciples. Then—in John’s version—He dons the towel of servanthood and washes his disciples’ feet. Following, Jesus departs with his disciples to the Garden of Gethsemane, where we know he will sweat drops of blood before his arrest and trial.

Good Friday then puts us into the midst of His trial and concludes with His death on that instrument of Roman execution known as the cross. We venerate the cross and pray before a stripped altar. It is a day of fasting, an act we will realize this year by the absence of the Eucharist. The body and blood of Christ are not here: they are buried, away in a tomb.

(continued page 2)



And thus, we come to The Great Vigil on Holy Saturday; Mary went to the tomb in darkness—after the sun had set on that first Holy Saturday—and found the stone rolled away. “Could it be,” we ask with her, “that He is truly risen?” New light dawns in the form of fire; a voice rises out of the quiet; hope conquers all despair. And we rejoice—in song, in baptism, in the Eucharist. He is risen. He is risen, indeed!

These three worship services are celebrated on three separate days. But have you ever thought of them as one liturgy taking place over the course of three days? That’s the idea. The story is incomplete when we leave one (or more) of the days out.

Let me encourage us all to see them—it—so this year: one great, hopeful, three-day drama unfolding the passion, death, and resurrection of Jesus.

HOLY WEEK / EASTER SCHEDULE

HOLY WEEK

- | | |
|------------------------------------|---|
| PALM “SATURDAY” (MARCH 24): | 9:30 am–Noon: Making Palm Crosses
5:00 pm: Holy Eucharist w/ <i>Liturgy of the Palms</i> |
| PALM SUNDAY (MARCH 25): | 8:00 am: Holy Eucharist w/ <i>Liturgy of the Palms</i>
10:15 am: Holy Eucharist w/ <i>Liturgy of the Palms</i> |
| MAUNDY THURSDAY (MARCH 29): | 7:00 pm: Proper Liturgy with Footwashing
8:00 pm: The Stripping of the Altar |
| GOOD FRIDAY (MARCH 30): | 7:00 pm: Proper Liturgy |

EASTER EVE & EASTER DAY

- | | |
|-------------------------------|---|
| EASTER EVE (MARCH 31): | 8:00 pm: The Great Vigil of Easter |
| EASTER DAY (APRIL 1): | 8:00 am: Holy Eucharist
10:15 am: Holy Eucharist |

MARCH 2018
VOLUME 38, ISSUE 3



A mission of the Episcopal Diocese of San Diego, St. Thomas is a “pet-friendly” church that cares deeply for our beloved pets. We work with local senior citizens to provide food for their pets and support the Animal Friends of the Valleys. We also hold a blessing for the Feast of Saint Francis of Assisi, and welcome well-behaved pets to attend worship with us.

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UPCOMING EVENTS

LENTEN PROGRAM—March 2, 9, 16, 23—Stations of the Cross, Soup Supper, “Love 101”, Children’s Program
See page 5 for details

LENTEN BIBLE STUDY: THE GOSPEL OF LUKE—Sundays March 4, 11, 18
An informal and eclectic discussion led by Jon Floth. Meet in Julian Hall 9:20 to 10 AM

SPIRITUAL JOURNEY FOR WOMEN—Saturdays March 3, 17 at 9 AM
At Anne DiPardo’s home. For more info contact her at dipardo.anne8@gmail.com.

BOOK DISCUSSION GROUP--Monday, March 5, Noon-1 PM
The Book Discussion Group meets in the St. Benedict Conference room from 12 noon to 1 PM. The group this month will discuss *The One Cent Magenta: Inside the Quest to Own the Most Valuable Stamp in the World* by James Barron. This is a quickly moving story behind the recent auction of a single postage stamp worth millions of dollars. Even if you have not been reading the book, please come and share your views and interests and help choose the next book. This informal group meets on the first Monday of the month and is open to anyone interested in lively discussions on diverse subjects. Please call or email Bill Liesman asiabill@aol.com for more info.

BEANIES FOR KIDS—Thursday March 8, 7-9 PM
At Barbara Bundy’s home. Learn how to knit for a great cause! For more info contact Barbara at bjbundy@verizon.net

MEN OF ST. THOMAS (MoST) – Saturday, March 10 at 8:00 am
MoST is an informal fellowship that meets each second Saturday of the month at 8:00 am in Julian Hall for a potluck breakfast, brief Bible Study, and assisting afterwards with maintenance and property projects at the church. All are welcome including friends and neighbors. The emphasis is on fellowship. Come join the fun!

WOMEN OF WORTH (WOW)—Saturday March 24 at 8:30 am in Julian Hall
Breakfast, fellowship, and more! All are invited. Contact Andrea Liesman for more information at andtlie@verizon.net

LET’S MAKE PALM CROSSES



STRIPPING & FOLDING: On Saturday morning, **March 24th**, from 9:30 am until noon, everyone is welcome to meet in Julian Hall to help make Palm Crosses. Coffee and fellowship provided! If you’ve done it before, you know the fun this can be. We need lots and lots of help to strip the palm branches; and to fold the branches into crosses. If this will be your first time, you’re in for a real treat.

BRINGING PALM BRANCHES: Of course, we also need palm branches. Please bring any and all types of palm fronds to the church on Saturday, **March 24th**. We’ll use the Mexican Fan Palms to make the crosses; and all the other types to decorate. If possible, please wash the branches with water to remove pollen, dust, dirt, and ‘critters’.

HOLY WEEK—March 25-31—See page 2 for the service schedule

Lent at St. Thomas

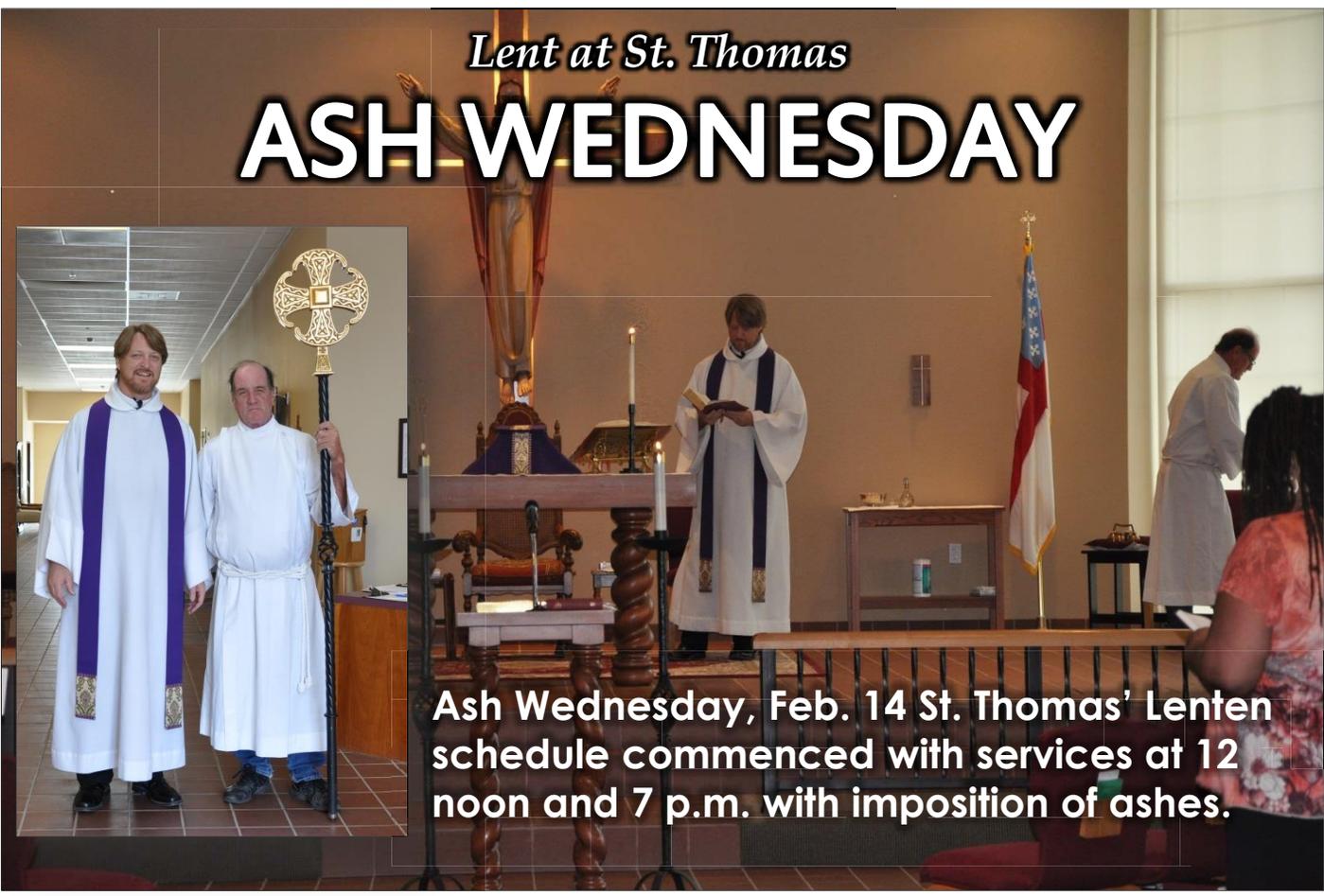
SHROVE TUESDAY



Shrove Tuesday, Feb. 13 St. Thomas' congregants held a pancake dinner at the Corner Bakery in Temecula at 5 p.m.

Lent at St. Thomas

ASH WEDNESDAY



Ash Wednesday, Feb. 14 St. Thomas' Lenten schedule commenced with services at 12 noon and 7 p.m. with imposition of ashes.



LENTEN FRIDAYS

at

St. Thomas of Canterbury Episcopal Church

Stations of the Cross

6:30 pm

Soup Supper

7:00pm

Lenten Discussion

7:30

The topic is Love 101 led by Father Tim

Children's Lenten Program The Exodus: A Journey to the Promise Land

All children are welcomed and encouraged to participate in this year's Children's Lenten Program!!! We will meet each Friday during Lent for fun, fellowship and a journey of God's people out of bondage and into freedom as we explore the life and ministry of Moses and the Hebrew people.

While the adults are participating in their own study, a program will be offered for children K-6th grade from 7:30-8:30 pm following the Stations of the Cross and the soup supper. Youth (6-12 grade) will participate in the adult forum at their own table. There will also be nursery care for the younger children each week! This is a great way to deepen our faith and grow as a body of Christ.

For questions, please contact Jenny Shreve (951) 834-8091

Member Spotlight

Get to Know About Our Newly Elected Bishop's Committee Member

Tom Reid



Tom and his family (wife Susan and children Katie and Maggie) moved to Temecula 4 ½ years ago from Kennesaw, GA. In Georgia, they were members of St James Episcopal Church in Marietta. Both girls were baptized at St James. Tom works in Account Management for Mitchell International, a Software Company in San Diego. He just celebrated 20 years with Mitchell in February 2018.

He and his family have been attending regularly at St Thomas since August 2016. After moving to Temecula, they thought they would take advantage of being new to the area and explore other churches and denominations. What led them back to the Episcopal Church and to St Thomas was they missed the sense of community the Episcopal Church fosters. They enjoy the blend of theology, spirituality and liturgy they have found at St. Thomas. They love being part of the St Thomas family and being members of such a warm and friendly congregation. On Sundays Tom can often be found ushering, Susan assisting in the nursery, Katie acolyting and Maggie engaged in a Sunday school class.

Tom travels throughout the US and Canada for his job, visiting customers and attending conferences. When he is not working, he enjoys spending time with his family. He is active either coaching or supporting Katie and Maggie's softball and basketball teams. The family enjoys hiking and spending time outdoors. Trips to the Dog Beach, parks like Balboa Park and Griffith Park or the San Diego Zoo are common activities. On quieter days, the family enjoys the beautiful Southern California climate and spends the day doing yard work, grilling and relaxing in the back yard.

Tom was a History major at Roanoke College (VA) and still enjoys reading and inquiring new historical information. Growing up in Virginia, he was drawn to the Civil War and its rich history. This continued in Georgia as they lived right down the road from the Kennesaw Mountain Battlefield. Since moving to California, the opportunity has presented itself to learn more about the history within the Western Region of the United State. He has enjoyed reading and learning about the history of the West and specifically the Temecula Valley and Vail Ranch.

Tom is thankful to have the opportunity to serve by being on the Bishop's Committee. He sees such a great opportunity for St Thomas to continue to grow and have a more active voice in the community. He is looking forward to being an active part of this.

Member Spotlight

Our Newly Elected Bishop's Committee Member Shares His Faith Journey

Frank Rojas

"I love God. I may not always think, act, or speak in ways that demonstrate it. For that, I am truly sorry. A walk with Christ has always been a part of my life; however, sometimes I may not have been smart enough to recognize that. The Lord has blessed me with health and happiness. Letty and I have been married for almost 27 years. They have not always been the smoothest, but definitely the best. We are also very fortunate to have five beautiful children; Melissa, Rebeccah (Rebbie), Vivian, Francine, and Francisco (Franky). Melissa is married and lives in Dallas, Texas. Rebeccah is a freshman attending college in Brevard, North Carolina. Vivian and Francine are 17, and Francisco is 15. Our three youngest attend school in Murrieta.

"St. Thomas of Canterbury has been an important part of our life, off and on, since 2006. Prior to that, we were active members of Church of the Epiphany in Los Angeles, California and St. Bartholomew's in Cherry Hill, New Jersey. Letty and I reminisce quite often about our St. Thomas of Canterbury Church in the "strip mall." This is where Franky went to preschool. This is where Melissa and Rebbie learned how to be acolytes. Sadly, we left Saint Thomas in 2010. I took a new position in Dallas, Texas. I spent the next almost five years putting work in front of God, my wife, and my kids. It was miserable.

"God has a funny way of getting your attention. He is not shy when it comes to that. In 2014 the Lord got my attention effectively while I was working in Australia. Four months later, we began the process of relocating back to California. We acted on faith. Perhaps for the first time in my life, God became my pilot and co-pilot. I just went along for the ride. What a joyous event. We rejoined the St. Thomas community in 2015. Life has not been perfect, but definitely better. God's fingerprints are all over our lives today. Glory to Him.

I am blessed to serve God in my professional life. I work in Christian, post-secondary education. I am the Chief Operating Officer and Executive Vice President at Los Angeles Pacific University, formerly known as University College at Azusa Pacific University. Every day I am fortunate to serve God at work. Our mission is to advance God's kingdom through education. Centering prayer, worship, and scripture are a part of my life personally and professionally. It is truly glorious. I am also a lifelong learner currently pursuing a Ph.D. in Organizational Development and Change. With God's good grace, Letty and my children's support, and hard work, I hope to finish my dissertation in two years. For self-care, I enjoy riding my Harley Davidson with Letty, cooking, outdoor activities, and home improvement."



Our biggest fundraiser of the year

6th ANNUAL SWEETHEART CAR SHOW



Saturday, Feb. 10, St. Thomas of Canterbury hosted our sixth annual Sweetheart Car Show. Nearly 70 cars filled the parking lot in a fantastic display of nostalgia that had us all wishing that we owned a classic.





The weather was kind and Sounds Divine kept the proceedings moving along at a great pace. Donuts and coffee greeted the early-comers and this was quickly followed by hot dogs ably cooked by our resident barbecuer extraordinaire Brian.





Raffle tickets were drawn throughout the day with prizes ranging from ticket giveaways, wine and furniture.

The judges had a tough time selecting the award winners due to the high standard of entries. The cars, trucks, hot rods and bikes were amazing! Congratulations to all the winners.



A big thank you to the Car Show Committee – Aaron Hill, Steve Lee and Rick Barclay and all the volunteers who helped make the show a great success.

Here's to the seventh St. Thomas Sweetheart Car Show.

Health Update

Dr. Ed Rather Identifies Gun Violence as a Public Health Crisis



This is probably my most difficult article written. Let us see if we can come to some agreement and find solutions, as well as being prayerful, so that we can be proactive and not just talk.

David Borke, MD, President of the American Medical Association, with the backing of the large AMA house of delegates, states that “Gun violence in America today is a public health crisis, one that requires a comprehensive and far reaching solution. With more than 30,000-gun related deaths of Americans in the United States, both adults and children, this past year the time to act is now. We are talking about a health crisis that our Congress has failed to address.” If we had any disease or illness killing 30,000 people a year in our country, we would be totally involved in trying to cure this problem.

Kay and I agree with the constitution’s second amendment which provides for “the right of the people to keep and bear arms.” We both are good shots, have owned weapons, were properly instructed in their use and safety, and now have disbursed them to our adult grandchildren. I still own my Red Ryder BB gun! Kay’s dad, an avid hunter, was a member of the NRA until, at age 80, he told us that he felt that they had become too radical, and canceled his membership.

By the time you read this, there have been at least eight school shootings in 2018. Three of the 10 largest gun related mass murders in the history of the United States have taken place in the last six months of our 240-year history. Three percent of citizens own 50% of the weapons in our country. There are more gun deaths every two years in the US than the total number of US soldiers killed in Vietnam. Doctors, nurses, and other medical personnel are faced with treating lethal injuries, many of which they have never seen. Many of these deaths are from ammunition designed for military grade weapons fired by an AR 15 or similar semi-automatic weapon, some of which have been altered into automatic types with the “bump stock.” The victims of these shootings have been brutally pulverized by a weapon of war.

Old arguments about people killing people, not guns, don’t hold water. People with guns kill people! Obviously, people with knives, rocks, axes, cars and trucks, suicide bombs, hands, fingers, etc. also can kill, but we can alter the ownership of military or police weapons not meant for the public. The argument about criminals having these just does not apply to many of the murders we have seen in grammar schools, high schools, colleges, nightclubs, theaters, airports, churches, private religious gatherings, country music festivals, and public political gatherings. These events have involved our children, family, and friends. People were innocent victims involved in daily activities, not in robberies or police shootouts.

Taking action includes universal background checks, mental health and psychiatric evaluations, reasonable waiting periods, higher age requirements, and required instruction exams, just like obtaining a driver’s license, all make good sense. We can bring our second amendment out of the “single firing 30 to 60 second to load musket” of the 18th century into a period our truly brilliant forefathers never imagined. Meanwhile, we must deal with a medical nightmare.

I do not advocate against our constitutional rights. But, now, we are dealing with a public health and medical crisis of huge proportion. I suggest we be apolitical and become advocates in our schools, churches, clubs, community activities, and local government, as well as state and national arenas. I have found numerous organizations designed to do this including those focused on moms, dads, victims, medical personnel, etc. Prayerfully, we need to act so that our children aren’t afraid to go to school or we are not concerned about attending any public gathering. Congress can help resolve this, but so can we. Let’s work to find a cure!

As always, Ed
Your friendly, but retired, dermatologist

St. Thomas Represented at Navajo Nation

Deb Mitchell Reports on Her and Melissa Christiansen's Recent Trip

Yá'át'ééh ("Hello" - pronounced Ya ah tay)

We just returned from a week on the Navajo Reservation tutoring 4th and 5th graders at Dzil Libei (pronounced *Dithlabay*) Elementary School in Cameron, Arizona. This trip was sponsored by the Northern Arizona University Road Scholar Program. We were part of a twelve-woman group from around the country, most of whom were retired teachers. Our experiences were astounding, touching, frustrating, depressing, spiritual, heart-rending, poignant, encouraging, and joyful. The children, their teachers, and school staff were so welcoming and eager to work with us. In the evenings we met with Navajo artists and community leaders to learn about social issues, history and culture, and spiritual beliefs. The husband of Tracy Kee, our group coordinator, is a full-blood Navajo. Much to our surprise and delight, Eric is Pastor of the Tuba City Church of Christ. Through his ministry, Eric attempts to meld the traditional Navajo spiritual ways with the white man's organized religion. More than 500 youth visit Tuba City Church of Christ every year to help the church reach out to the community via work projects, Vacation Bible Schools, one-day youth group events or through other services. It is through these week-long visits that Eric and Tracy's mission serves a dual purpose - exemplifying God's love in the community while training visiting Christians to work in a mission field. Melissa and I felt blessed to meet and visit with such a young, dedicated couple while tutoring at the school and therefore want to share this educational and spiritual journey.

The Navajo Nation (Diné, pronounced *Din-éh*), the largest reservation in the United States, is located on 27,000 square miles (16.2 million acres) within the states of Arizona, New Mexico, and Utah occupying 13 counties in those states. Much of the land is extremely remote and isolated. The Navajo Nation has over 300,000 enrolled members with 47% living on the reservation and approximately 53% living in exterior border towns. This is a matriarchal society where property belongs to the woman. When a couple marries, the man moves to his wife's family. The unemployment rate is 42%, and 38% live below the poverty level. Fifty-six percent of those over age 25 have a high school diploma while only 7% have a college degree. The parents of a few children choose to have them educated off the reservation. We encountered one woman who went to school in Fallbrook with Pala children. Alcoholism and drug use is prevalent. Thirty-two percent of reservation residents' lack complete plumbing, 28%



lack a complete kitchen, and 60% lack land telephone lines. Many homes are heated with wood or coal. Border town Navajo populations have the highest numbers in age groups 0-9 years and 20-29 years, suggesting many young Navajo with families choose to live off the reservation. However, according to the 2010 census, it appears many Navajos in the 40-49 age group are returning to the reservation. Other Navajo live in cities around the country including San Diego and Los Angeles.

Dzil Libei Elementary School is a beautiful new school with "Smart" classrooms and computers. The Smart Board, also known as an interactive white board, is a very expensive, inter-active touch screen technology that connects to a projector or computer. Few California classrooms are equipped with this technology. The Arizona state curriculum is taught in all reservation schools. *(Continued Next Page)*

Students at this school scored at the 10th percentile in math and 14th percentile in language arts. That means 90% and 86% of Arizona students respectively scored higher in each discipline. No data exists for science and history because these subjects are not tested.

Students are required to take Navajo Culture classes through grade 12. They learn their names and clans in Navajo as well as the history and spiritual beliefs of the people through traditional oral story telling. All teachers have degrees/teaching credentials; however, Navajo teachers are given job preference over non-Navajo and unfortunately some are not well qualified and the salary is very low. Our classroom had several substitutes over the last few years and finally has a retired teacher who agreed to stay the full year. The principal changes almost yearly as well. There is talk of closing this well-equipped school of 68 students next year and busing students to Tuba City's K-12 schools 30 minutes away. Some of these students already have an hour-long bus ride to school.

Navajo children are raised to be independent and take care of other members of the family. One of our 5th graders was falling asleep in class because it was his turn to stay the night with his grandmother and keep her fire burning. A 4th grader's responsibility was to rise at 4 AM to start the fire. A 5th grade girl came to school daily with a beautiful braid done by one of her 4 brothers.

A bright spot in our trip: one of our fourth graders won the fourth-grade spelling bee and received a Kindle. If she wins the next competition she will go to Washington, D.C. for the national competition.

Melissa shared a lesson on her career as a nurse practitioner. Children were eager to listen to their heart beat and tummy sounds, loved looking in each other's ears and were mesmerized by the pulsoximeter. (At the Flea Market in Tuba City we found a Navajo couple selling Navajo embellished stethoscopes.) She was also summoned to the office to aid a 2nd grader who had fallen on the playground cutting his lip and loosening 2 teeth.



Her medical opinion was in demand from teachers and program participants who had various ailments. I shared quilting, especially the work of Navajo quilter Susan Hudson as well as the work of Prayers and Squares. Discussion included how quilts honor family and special people in our lives. I brought several of my quilts for a “hands on” experience. Students were given a quilt block drawn on graph paper which they colored and I made into a “quilt” on the bulletin board.

Spirituality. Almost every act of Navajo life—the building of the hogán, the planting of crops, etc.—is ceremonial in nature, each being attended with songs and prayers. Most Navajos believe that in the universe there exists an Almighty, a spiritual force that is the source of all life. The Almighty is not pictured as a man in the sky, but is believed to be formless and exist in the universe. The sun is viewed as the power of the Almighty. Navajo do not worship the sun, but pray to the Almighty with the sun as a sign and symbol. Worship also includes the winds and watercourses and several gods who are believed to intervene occasionally in human affairs. These gods are frequently worshipped; offerings are made to them, and ceremonial dances are performed in which they are represented by painted and masked men.

To be Continued--Part 2 will appear in the April Issue



EASTER FLOWERS



Easter flower dedications may be made by using the envelope marked "Easter Memorial Flowers" which are found on the desk in the Narthex or by using the Easter Flowers envelope, dated March 11th, found in your packet of offering envelopes. Please complete the information on the outside of the envelope, write any dedications, place your check in the envelope, and place it in the collection plate or mail it directly to the church office. You may make any size contribution that you would like. All dedications received by March 25th will be listed in the Easter bulletin.



DEEP SEA FISHING TRIP SATURDAY APRIL 21

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BY MARCH 18!

SEE DETAILS AND SIGN UP SHEET IN THE NARTHEX
QUESTIONS: Contact Peter Hicks peterhicksish@verizon.net



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WORSHIP SCHEDULE

Saturday

5:00pm Holy Eucharist

Sunday

8:00am Holy Eucharist

10:15am Holy Eucharist

10:15am Children's
Chapel/Sunday School

Wednesday

7:00pm Evening Prayer