

## **St. Thomas of Canterbury Church and School**

*A Mission of the Diocese of San Diego*

The Right Reverend Susan Brown Snook, *Bishop of San Diego*

The Reverend Julie D Bryant, *Priest-in-charge*

The Reverend Dr David Jackson, MD *Assisting Priest*

44651 Avenida de Misiones, Temecula, California 92592

Next 'Dinner All Around' Mardi Gras Pancakes, February 16th

LENT Schedule coming in the mail -

Look for:

- 1 - Friday Night Stations and Supper, and Program led by Father David
- 2 - Grief in the Time of Covid Offering, Feb 21 and 28
- 3 - Wednesday Noonday Prayer and Lunch with Julie+
- 4 - Resources from across The Episcopal Church

## **The Fourth Sunday after the Epiphany**

9 o'clock in the morning    January 31, 2020

### **Morning Prayer, Rite Two**

*Worship Participants include:*

*Jim Bohlin, Lani-Karyn Jones, Cynthia McCormick, Barry Weiss, Kathy Foxen and Warren Rippé,  
The Reverend Dr David Jackson, MD As Officiant and Preacher.*

**The Prelude** - 'A Powerful Prayer For God's Help'

**The Opening Hymn** - 'God Has Spoken to His People'

I will give you as a light to the nations, that my salvation may reach to the end of the earth.

*Isaiah 40:6b*

### **The Confession of Sin**

*The Officiant invites repentance*

Let us confess our sins against God and our neighbor.

*Officiant and People together, all kneeling*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Officiant alone says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Invitatory and Psalter**

*Officiant* Lord, open our lips.  
*People* **And our mouth shall proclaim your praise.**

*Officiant and People*

**Glory to the Father, and to the Son, and to the Holy Spirit: as  
it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

### **Song of Praise**

**Psalm 111, Confitebor tibi**  
*prayed responsively by whole verse*

*Warren Rippé*

Hallelujah!

I will give thanks to the Lord with my whole heart, \*  
in the assembly of the upright, in the congregation.

**Great are the deeds of the Lord! \***  
**they are studied by all who delight in them.**

His work is full of majesty and splendor, \*  
and his righteousness endures for ever.

**He makes his marvelous works to be remembered; \***  
**the Lord is gracious and full of compassion.**

He gives food to those who fear him; \*  
he is ever mindful of his covenant.

**He has shown his people the power of his works \***  
**in giving them the lands of the nations.**

The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

**They stand fast for ever and ever, \***  
**because they are done in truth and equity.**

He sent redemption to his people;  
he commanded his covenant for ever; \*  
holy and awesome is his Name.

**The fear of the Lord is the beginning of wisdom; \***  
**those who act accordingly have a good understanding;**  
**his praise endures for ever.**

## **The Lessons**

*Lector*            A Reading from Deuteronomy. 18:15-20

*Jim Bohlin*

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: “If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.” Then the Lord replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

The Word of the Lord.

People            **Thanks be to God.**

## **A Song of Praise**

*Lector*            A Reading from Paul’s First Letter to the Corinthians. 8:1-13

*Lani-Karyn Jones*

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ.

Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord.

*People*           **Thanks be to God.**

**The Gradual - 'O Christ The Healer'**

**The Holy Gospel**

*Officiant*       The Holy Gospel of our Lord Jesus Christ according to Mark. 1:21-28

*People*           **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

*People*           **Praise to you, Lord Christ.**

**Homily**

**The Apostles' Creed**

*Officiant and People together, all standing*

**I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.**

## The Prayers

*Officiant* The Lord be with you.  
*People* **And also with you.**  
*Officiant* Let us pray.

**Our Father, who art in heaven,  
hallowed be thy Name, thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

*Officiant* Save your people, Lord, and bless your inheritance;  
*People* **Govern and uphold them, now and always.**  
*Officiant* Day by day we bless you;  
*People* **We praise your Name for ever.**  
*Officiant* Lord, keep us from all sin today;  
*People* **Have mercy on us, Lord, have mercy.**  
*Officiant* Lord, show us your love and mercy;  
*People* **For we put our trust in you.**  
*Officiant* In you, Lord, is our hope;  
*People* **And we shall never hope in vain.**

## The Collect of the Day

*Officiant*

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## Collect for the Presentation in the Temple (Feb 2, also known as Candlemas)

*Officiant*

Almighty and everliving God, we humbly pray that, as your only-begotten Son was this day presented in the temple, so we may be presented to you with pure and clean hearts by Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## A Collect for Sundays

*Cynthia McCormick*

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

## **A Collect for the Renewal of Life**

*Barry Weiss*

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks, through Jesus Christ our Lord. **Amen.**

## **A Collect for Peace**

*Jim Bohlin*

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

## **A Collect for Grace**

*Warren Rippe*

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

## **A Collect for Guidance**

*Lani-Karyn Jones*

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

## **A Prayer for Mission**

*Cynthia McCormick*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

## **The Offertory - 'Where Charity And Love Prevail'**

## **The General Thanksgiving**

*Officiant and People*

**Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.  
We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.**

**And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.**

**A Prayer of St. Chrysostom**

*Officiant*

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

**A Prayer of Longing for Community**

**Dear Jesus, I believe that you are truly present in the Sacrament of the Altar, and I long to be with the members of my church family to receive the Sacrament. We cannot now receive you sacramentally, so draw comfort in knowing that you live in us and we in you. Never permit us to be separated from you. Amen.**

**The Closing Hymn - 'You Raise Me Up'**

*Officiant* Let us bless the Lord.

*People* **Thanks be to God.**

*Officiant* Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen. *Ephesians 3:20,21*

**The Postlude - 'Beethoven's 5 Secrets - One Republic'**

**Coffee Hour - Any Thoughts about 'Who Shall We Be?'**

